



WREXHAM ATHLETICS CLUB



WEEKLY REPORT 43 / 2016

CONWY HALF MARATHON, 20 Nov.

| | | |
|--------------------|--------------------|---------|
| Thomas Spence | 15 th | 1.20.11 |
| Darren Jones | 72 nd | 1.27.44 |
| Owen Ward | 142 nd | 1.33.10 |
| David Ford | 148 th | 1.33.28 |
| Shaun Breeze | 386 th | 1.42.49 |
| Gavin Billington | 684 th | 1.50.13 |
| Alex Bush | 773 rd | 1.52.18 |
| Michelle Henderson | 1684 th | 2.13.54 |
| Shaun Partington | 1856 th | 2.19.00 |
| Janet Bancroft | 1907 th | 2.20.53 |
| Karen Owens | 2204 th | 2.37.17 |

TATTON PARK HALF MARATHON

| | | |
|------------------|-------------------|---------|
| David Millington | 94 th | 1.32.48 |
| Gwyn Roberts | 119 th | 1.35.19 |
| Anna Moccia | 619 th | 1.57.10 |

TATTON PARK 10K, 20 Nov.

| | | |
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| Richard Westwood | 153 rd | 48.34 |
| Gillian Breeze | 1048 th | 72.28 |

BRECON BEACONS 46m ULTRA TRAIL, Talybont on Usk, 19 Nov.

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|------------|-----------------|---------|
| Mark Byrne | 8 th | 7.49.51 |
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PENMAENMAWR 10m FELL RACE, Capelulo, 19 Nov.

Lisa Morley, Alan French & Charles Ashley competed in this event.
Results will be at www.wfra.me.uk

ERDDIG 5K PARKRUN, 19 Nov.

| | | | |
|-----------------|-------------------|-------|-----------------------------------|
| Daniel Weston | 4 th | 19.59 | running with push chair as usual! |
| Tony Vesty | 72 nd | 29.42 | |
| Debbie Dodd | 86 th | 32.22 | |
| Michael Edwards | 88 th | 32.54 | |
| Peter Norman | 123 rd | 38.41 | |
| John Tipping | 130 th | 43.37 | |

FUTURE EVENTS

| | | |
|------------|---------|-----------------------------------------|
| Sat 26 Nov | 2.00pm | North Wales Senior XC League, Bangor |
| Sat 26 | 9.00am | Erddig 5k Parkrun, Wrexham |
| Sun 27 | 10.00am | Vale of Clwyd Half Marathon, Llandyrnog |
| Sun 27 | 9.00am | Chirk Castle 10k Trail run |
| Sat 3 Dec | 10.30am | North Wales Junior XC League, Wrexham |
| Sun 4 | 11.00am | Borders Road Race League, Birkenhead |
| Sat 10 | 12noon | Welsh Inter Region XC Champs, Brecon |
| Sun 11 | 10.45am | Telford 10k Road Race |
| Sat 17 | 12noon | North Staffs XC League, Stafford Common |